

Women's Health Center of Dickson

Michael Hawkins M.D.

Brooke Hawkins NP-C

111 Hwy 70 East Suite H

Dickson, TN 37055

615.446.4400 phone

615.446.4234 fax

Gestational Diabetes Screening

This is a screening test for gestational diabetes. Gestational diabetes is a condition that affects 3-5% of pregnancies. All pregnant women are screened between 24-28 weeks of gestation, or earlier if she is at higher risk than average.

The screen is a blood test performed in our office. You will be given a bottle of glucola to drink 30 minutes before your appointment time (if you have a late morning appointment please drink the glucola no later than 11:00). You must drink the entire bottle within 5 minutes of the time you started the drink. After you have finished drinking, record the time and tell the front desk upon arrival at your appointment. Your blood must be drawn exactly 1 hour from your finish time. This is important to ensure the accurate result of the screen. During the 1 hour waiting time, you cannot eat, drink, or put anything in your mouth until your blood has been drawn.

You may eat on the day of your screening, but please avoid extremely sweet foods.

If your results are normal, no further testing is required. If your results are elevated, a three hour test is performed.

Tdap Vaccination

We will also offer Tdap vaccination at 28 weeks gestation. All pregnant women, regardless of prior vaccinations, should receive Tdap during the third trimester. This protects your newborn from pertussis, or whooping cough, through antibodies it receives from your vaccination. Your baby cannot be vaccinated against whooping cough until 2 months of age. Most deaths and severe illness from whooping cough occur in infants from newborn to 3 months of age. Most infants who contract whooping cough have been exposed from their parents, siblings, or other caretakers. Other adult caregivers should also be vaccinated at least 2 weeks prior to caring for your infant. Vaccinations are available at local pharmacies or at your primary care physician's office.